

# Life in Logan

*A Graduate Student's Guide to Cache Valley &  
USU*

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Made *by* Graduate Students *for* Graduate  
Students

*The opinions expressed in this document do not reflect those of the College of Natural Resources,  
or Utah State University. (Links and Content Updated April 2023)*

# Living in Logan

Welcome! You have decided to come to what may initially seem like a different country for graduate school. In the following pages, we provide tips on navigating through your new home and helping you feel less like a freshman all over again.

- **Populations:**
  - City of Logan: ~51,000
  - Cache County: ~125,000
  - USU Students on Logan campus: ~20,000
- **Weather**
  - Mean Precipitation: 16.8" (42.7 cm) per year
  - Average temperature summer high: 85 degrees
  - Average temperature winter high: 34 degrees
- **Elevation:** ~4,775ft (1456 m), depending on where you are in the valley
- **Additional information:** <https://www.usu.edu/about/fast-facts/>

**Street Names:** Most streets in Utah are numbered in increments of 100, with each town having its own grid. In Logan, Main Street runs north/south and Center Street runs east/west. All other streets are referenced to these two unless you live on one of the valley terraces where they have abandoned the grid system. If someone says he lives on "First South," it means 100 South (one block south of Center Street, running east/west).

**Phone Numbers:** Local area code for Logan phone numbers is 435. All USU phone numbers start with 797. Usually, campus numbers are given without the first two or three digits, such as 7-2459 or x2459.

**Seth's List:** Facebook page/group: basically a Logan, UT craigslist for (mostly) graduate students. Gear for sale and housing/roommate ads get posted here.

## Transportation

- **Local public transportation**
  - [Cache Valley Transit District \(CVTD\) "The Loop"](#): bus system around Logan
    - Can [download apps](#) to see routes and live locations of the buses
  - Aggie shuttle: [schedule](#) and bus tracker
    - Can download an app which lets you see the live locations of each bus
- **Getting from Logan to/from the SLC airport**
  - Take the [bus](#) from USU's campus
  - Park in one of the [free extended parking lots](#) at train stations nearby the airport, then [take the train to/from the airport](#)

## Physical Health

- **Medical Facilities**
  - **Student Health Services:** 850 East 1200 North (7-1660). This is the first choice for students who have health insurance through the university, as it is the least expensive
  - **Logan Regional Hospital:** 1400 N. 500 E. (716-2050)
  - **Sterling Urgent Care:** They have multiple locations and are much cheaper than going to the Intermountain Health Emergency Room
  - **Planned Parenthood:** Clock Tower Plaza, 550 N. Main St. #117, Logan (753-0724). They utilize a sliding fee schedule, based on income
- **Health Insurance**
  - The university's Student Health Services publishes brochures describing the health plan available to students. Please consult the Health Insurance program for details on the programs offered to graduate students. If you need assistance, please contact Student Health Services.
- **QCNR Emergency Medical Fund ([EMF](#)):** available to QCNR and Ecology students
- **LGBTQ+, POC, and/or international student-friendly healthcare centers and personnel** (recommended by grad students):
  - Thomas Clark at the Logan clinic – regular doctor/family medicine/OBGYN
  - Rebecca Phillips at the South Cache Valley Clinic – LGBTQ+ friendly
  - Whole-life Family Wellness – LGBTQ+ friendly, comprehensive care clinic
  - Mortenson Dental – female-owned business
  - University of Utah: 127 500 E, Salt Lake City, UT 84102. Can access gender affirming healthcare
- **Healthcare centers/personnel to avoid** (as per grad student recommendation):
  - Rocky Mountain Dermatology
  - Budge Clinic Womens Center

## Mental Health

- **CAPS:** free counseling and other mental health resources available to students
  - Provides counseling to USU students, located in the TSC, room 306 (7-1012)
- **LGBTQ+, POC, and/or international student-friendly healthcare personnel** (recommended by grad students):
  - Liani Eccles at the USU health center (may work part-time at another clinic so there may be multiple ways to access her services) – psychiatrist who can prescribe meds
  - [Bryan Rieben](#) -- great with trans folks, ex-Mormonism, trauma work, EMDR, etc. (75W 100S, Logan; 435-535-1068; bryanriebenlcsw@gmail.com)
- **Healthcare centers/personnel to avoid** (as per grad student recommendation):
  - Brian Merrill – USU health center psychiatrist (may have left USU)

**Recycling Glass:** Although you can't recycle glass in your home recycling bin in Logan, there are glass recycling drop-off stations in Logan that you can dump your glass at to recycle it – to see where they are, [click here](#).

### Local News

- Logan: The Herald Journal
- Salt Lake City: The Salt Lake Tribune and the Deseret News
- The Statesman: Campus Newspaper
- Online “Newspaper” Cachevalleydaily.com

**Places of Worship:** Most major religions have establishments within the vicinity of Logan.

**Logan Movie Theaters Hack:** All movie theaters in Logan have much cheaper tickets on Tuesdays

**The Logan Chamber of Commerce:** Located at 55 N. Main, it has a lot of free resources, including hiking and biking trail guides, guides to city parks and recreation opportunities, information on hunting, fishing, backcountry travel, etc.

**Food and Drink:** Don't make the mistakes we did. Here is a local-business-driven food and drink guide for Cache Valley (this is not meant to be comprehensive; most national franchises are not listed) \*\*NOTE: many restaurants (and stores, etc. ) are closed on Sundays\*\*

- **Top 12 Must-try restaurants/places to start:**
  - **Tandoori Oven:** do not underestimate this place based on location - their food is BOMB (there is an ongoing debate regarding whether Tandoori Oven or **Himalayan Flavor** have better Indian food - both are amazing)
  - **The Crepery:** amazing crepes | good vegetarian options | cute/trendy atmosphere
  - **Bloom:** used to be called Crush | yummy, all-vegan menu: acai bowls, fancy toasts, etc. | cute/trendy atmosphere | if it doesn't show up on your maps app, just know it's a couple doors down from the Crepery
  - **Crumb Brothers:** artisan bakery items, breakfast (including mimosas), and soups/salads/sandwiches | outdoor seating available | relaxing atmosphere | dinner club
  - **Crumb Cookies:** the cookie-version of fancy cupcakes | cookie flavors change every week | yes it has more recently become a national chain, but, fun fact, the first location was here in Logan!
  - **Lucky Slice:** arguably the best pizza place in town | great vegan options | fun atmosphere
  - **Jack's Woodfire Oven:** rivals Lucky Slice for best pizza in town | artisan pizza
  - **Herm's Inn:** delicious brunch | outdoor seating with a view available

- **Rancheritos:** a more local fast food chain | much more authentic than Taco Bell, TacoTime, etc. | exactly what you need after a day in the backcountry | Mexican, and I want it fast
- Pretty much **any authentic Latinx restaurant** (e.g. Los Primos, La Tormenta, Mama's Kitchen, Pupuseria at La Ranchera market, Tortilla la Fuente)
- **Le Nonne Ristorante:** a worthy splurge | Northern style Italian dining - it's the real deal - homemade ravioli and gnocchi, etc. | liquor license | expensive | vegetarian options | great for a romantic dinner date
- **Best local coffee shops:**
  - Westside Cafe
  - Cafe Ibis (serving and selling bird friendly coffee 🐦)
- **Bars:** In Utah, there are three types of drinking establishments: private clubs, bars, and restaurants. Private clubs and some restaurants have special liquor licenses that enable them to sell wine and mixed drinks. Beer is available in most of the three types of establishments. The private club (what you would probably consider a bar) requires you to be a member before entering. When drinking at a restaurant, you generally must order food to accompany your beverage and must be seated while drinking.
  - **The White Owl:** divy | pool tables galore | balcony with a view available - great for sunset | no liquor drinks or wine | bar food
  - **Barrel and Stave:** more upscale | cocktails and wine bar + Hors-d'œuvres | occasionally have special events/theme nights
  - **The Cache Bar:** your average bar - nothing too special, but not divy | **karaoke** every Thursday night – other events happening regularly as well | good food
  - **Best Pizza + Beer:** A toss-up between the Factory and Prodigy, depending on whether you want cheap fast-food pizza vs. artisan
  - **Prodigy Brewing:** newer brewery, has **trivia** every Tuesday, amazing pizza (might be the best in town – try the herbed cheese) and great burgers
  - **Eagle's Lodge:** a private club with a live music venue
  - **While we're on this topic: State Liquor Store:**
    - This is the *only* place in town to buy hard liquor, wine, and imported beer, but it will cost you (all liquor stores in Utah are owned by the state). Closed Sunday, so plan ahead. Weak beer/seltzers are available in all the usual places (Smith's, Fresh Market, Lees, corner stores, etc.)
- **Other Restaurants:**
  - Angie's Restaurant: Local restaurant, homestyle food. Fairly large portions for a reasonable price-- just what you may need on those particularly tough Saturday mornings. Try the scones.
  - Black Pearl and Takara - sushi
  - Beehive Grill: Burgers, Steaks, Seafood, Pasta, Vegetarian, Gelato, Pub | host trivia nights on Tuesdays

- Callaway's: A little more expensive than most places, but they make good pizza and delicious pasta, which is worth the extra couple of dollars.  
Beer/wine list
- Café Sabor: Americanized Mexican food, Alcoholic beverages are available
- El Sol Mexican Restaurant: Inexpensive Mexican/American Food
- El Toro Viejo: Good Mexican food (try the Mexican pizza). Alcoholic beverages are available
- Elements: Upscale restaurant, pricey
- Factory Pizzeria: dive-bar vibe, pizza, sports, beer -- located in a basement by the Cache Bar
  - Fredrico's Pizza: Close to campus – lunch specials
  - Firehouse Pizza: Decent pizza, serves beer - paired with the Icehouse creamery
  - Kabuki - hibachi, sushi, etc.
  - Kneaders Franchise - Sandwich and bakery shop - basically Panera
  - The Mandarin Garden: Chinese; cheap
  - Maymoes: Southern cuisine
  - Mo Bettahs: Utah chain | Hawaiian
  - Old Grist Mill: Sandwich shop, bakery, soup sold at the south store
  - Pier 49 Pizza: Sourdough Pizza. Fun SF decor inside
  - Romo's Mediterranean Grill: not the best of Mediterranean food, but the spinach dip is amazing
  - Rumbi Island Grill: Franchise, "Island Grill" Rice dishes - Hawaiian cuisine
  - Sabores: a diverse selection of ethnic dishes - sample tastes from all over the world
  - Stacked - pancakes
- **Food at USU**
  - Morty's Café – Hamburgers, Vegan/Vegetarian burgers, greasy burritos, sweet potato fries, etc. - great view
  - **Taggart Student Center (TSC)**
    - **The "Hub"**: TSC 1st floor | provides Hazel's bread and baked goods, Tacotime, Subway, sushi/poke bowls, Cafe Ibis, etc.
    - **"Aggie Marketplace"**: TSC 2nd floor | cafeteria style | offer wraps, make-your-own sandwiches, a grill, Mexican food, and a traditional meal that varies | vegetarian entree changes daily
    - **The "Quick Stop"**: TSC 1st floor by the computer labs | sells the "Scotsman Dog," corn dogs and sodas, etc.
    - **The Skyroom**: TSC 3rd floor | buffet and salad bar
  - **The Junction**: buffet located at the base of Mountain View and Valley View towers in the center of campus
  - **Aggie Ice Cream**: located in the Nutrition and Food Sciences Building. They have a larger selection of Aggie Ice Cream in individual and bulk quantities. You can find a smaller selection at the campus store in the TSC 1st floor
  - **Campus Cafes**:

- Quad Side Café – Library Annex – probably the closest food to NR building
- Starbucks/Steeped – Life Sciences Building
- Luke’s Café on the Quad – Ag Science Building
- Artist’s Block Café and Bakery – Fine Arts Visual Building
- Emma’s Nook – Education Building
- Beth’s Bistro – Center for Clinical Excellence -- good veggie options
- Noni’s – Nora Eccles Harrison Museum of Art
- Shaw’s 88 Kitchen – Huntsman Hall, 2<sup>nd</sup> floor
- **Grocery Stores**
  - Smith’s: pretty much Kroger - if you choose to shop here, get their rewards card sooner rather than later because it’s free and will save you money on groceries and gas
  - Lee’s
  - Walmart and Sam’s Club
  - Costco
  - Natural Grocers: closest thing we have to a Whole Foods
  - Big Deal Outlet
  - Winco: bulk purchasing available
- **Farmers Markets**
  - **CSAs:** <http://exhibits.usu.edu/exhibits/show/altmarket/local-csa/csa-in-logan>
  - **USU Student farmer’s market:**
    - <https://www.usu.edu/sustainability/get-involved/farmers-market>
    - <https://www.facebook.com/usubcmarket/>
  - **Farmer’s market across street from liquor store:** called “Johnson Farms” on google maps - open multiple days a week during the growing season
  - **Cache Valley Gardeners Market:** This amazing community market is the best place to buy local crafts, delicious produce, and baked goods. This is a must every Saturday from early May until late October. The market is at 200 N and Main Street behind the Old Courthouse. For more information, see their website at <https://gardenersmarket.org/>

## USU Services and Resources

**Student Nutrition Access Center (SNAC):** Free food! Definitely take advantage of this resource - especially given our graduate student salaries. SNAC offers fresh produce from USU campus gardens and Logan neighborhood trees in the summer/fall (and often limited donated produce during the rest of the year); meals, bread items, desserts, barely expired items, etc. leftover from the USU dining halls (would otherwise be trashed); and nonperishables donated by local food pantries. Students can get food from SNAC once per week - a great supplement to regular grocery shopping.

**Libraries:** USU's selection of books and journals is surprisingly good. The items the library doesn't carry can usually be obtained via interlibrary loan (ILL). Books and journal reprints take forever, so plan ahead. Graduate students are allocated \$40 a year for interlibrary loan copies. Ask at the ILL desk for more information.

- **The Merrill-Cazier Library** is the main library on campus. Tours are usually offered during the first few weeks of class (you can also find virtual tours online). Save yourself time and grief by taking a tour soon, or at least explore on your own. Be sure to spend time enjoying the views from the top floor and checking out the giant book machine (aka the BARN, or Borrower's Automated Retrieval Network, which contains all the library's bound journals and older books - floors 2-4 have viewing windows that let you see inside the BARN). The library offers poster printing, business cards, and other printing resources for free.
- **The Quinney Library** is attached to the NR building, the selection is somewhat limited. However, some of the books and journals you need are probably available in the Quinney Library, which saves you a trip to the main campus library. Assigned readings for your classes will often be on reserve here. Also, some journals, such as Nature, are in regular form at the Quinney, instead of on microfilm, as they have at the main library. Books and readings aside, you should definitely check out this library for its warm, homey, and museum-like vibe.
- **Connect your Kindle and/or Libby apps to the USU library:**  
<https://libguides.usu.edu/overdrive/Libby>
- **Connect to the USU VPN off-campus** ([Mac](#) or [PC](#)) to access literature online more readily

### Student Government

- **Graduate Council:** "The [Graduate Student Council](#) is comprised of one graduate student representative from each of the nine colleges on campus, one to two statewide graduate student representatives, the Graduate Studies Senator, and the Graduate Studies Director. The council meets monthly throughout the school year to discuss graduate student concerns, review and promote resources available to graduate students, increase sense of community among graduate students, and help improve campus climate and graduate student well-being. The Graduate Studies Senator represents all USU graduate students on the USUSA Academic Senate and Executive Council."
- **QCNR Graduate Student Council (GSC):** The College of Natural Resources [Graduate Student Council](#) does many of the same things the broader GSC does but is focused at the college level. Meetings are usually the 1st Friday of every month at 1pm - all grad students in QCNR are welcome to attend. Watch your email for meeting details from the QCNR GSC Chair. The council consists of the following positions:
  - GSC Chair
  - Department representatives (one for each department: ENVS, WATS, and WILD)
  - Chairpersons:
    - Medical Liaison/Treasurer
    - Safety Liaison

- Ecolunch Coordinators
- Volunteer Committees:
  - Justice, Equity, Diversity, and Inclusion (JEDI) Committee
  - Social Coordination and Fundraising Committees
  - Code Mentoring Committee
  - Grad-Undergrad Mentor Program Committee (currently on a break)

**Office of Equity:** designated by USU to enforce state and federal law (including Title IX) and University policies related to sexual misconduct, discrimination, equal opportunity, and affirmative action. They provide many useful and supportive resources and workshops related to these topics - <https://www.usu.edu/equity/>

**USU Division of Diversity, Equity, & Inclusion:** “The Division of Diversity, Equity, and Inclusion promotes Utah State University’s commitment to a diverse, equitable, and inclusive institutional culture where everyone feels welcome and valued. Building and maintaining a sense of community and belonging requires DEI best practices and policies be strengthened and engrained in institutional goals and strategies.”

- **Inclusion Center:** made up of multiple different programs: Adult Learner, Gender & Sexuality, Indigenous Programs, Multicultural Student Services, and Women & Gender. Each program offers specific resources, support, advocacy, events, and clubs: <https://www.usu.edu/inclusion/index>

- **Graduate Students of Color Association (USUSCA):** “supports the educational achievement and well-being of multiple marginalized and underrepresented (MMU) graduate students by enhancing campus life through political, social, academic, emotional, and cultural support. GSCA promotes quality and equity in academic and other professional settings while fostering academic excellence.” - The USUSCA often hosts events for students of color (see their Instagram).
- **LGBT+ & Allies** - includes resources, support groups, a list and map of all gender neutral bathrooms on campus, etc.
- Inclusion center [listservs sign-up](#)
- **Latinx Cultural Center:** <https://www.usu.edu/latinx/>
- **Disability Resource Center:** <https://www.usu.edu/drc/>

**For international students:**

- **International student council (ISC):** “We unite all the international students at USU, and provide services that promote cultural diversity, visibility, and student welfare.” - The ISC hosts events for international students (see their Instagram to stay updated).
- **USU International Friends Program:** "safe space for international students to seek help and build a support network"
- **To connect with them, email:** [usuifpfamilyconnections@gmail.com](mailto:usuifpfamilyconnections@gmail.com)

**Intersections Listserv:** [join the intersections listservs](#) (scroll all the way down to sign-up) to stay updated on what awesome intersections-related events are happening on campus.

**Utah State Backcountry Squatters:** “A place for women and non-binary people to build a community around a shared stoke for the outdoors and empowering others at Utah State” - see their Instagram page

**Minorities in Agriculture, Natural Resources, and Related Sciences (MANRRS):** “The mission of MANRRS is to promote academic and professional advancement by empowering individuals in agriculture, natural resources, and related sciences. It is a national organization that welcomes all undergraduate and graduate students with career interests in agriculture, natural resources, and related sciences. Regional and national conferences provide students with opportunities to present research, compete in various career and leadership development events, develop career and personal connections, and network with companies and government agencies from across the country seeking individuals to work for them.”

**Computers:** There are several computer labs available on campus for student use (Old Main, Quinney Library, Taggart Student Center, the Main Library - [click here](#) for all lab locations). Most labs have Macs as well as PC's, though the software and hardware varies from lab to lab. To use a computer, just show a valid student ID at the entrance. Log in to computers with your A# and USU accounts password.

**Affordable Connectivity Program (i.e. a way to get cheaper internet):** A government (not USU) program that very well could save you money on your monthly internet bill (given how little grad student salaries tend to be). [See here](#) for eligibility. Xfinity has a webpage about it that's arguably more user-friendly: [click here](#).

## Recreation

### 11 Must-see hikes and sights/where to start:

- **Wind Caves trail:** a classic | open caves + gorgeous views
- **Maple Grove Hot Springs:** the perfect place to relax and take a few hours off - 100% worth the 1hr drive | [make reservations online](#) before going | surprisingly affordable
- **Tony Grove area:** White Pine Lake trail, Naomi Peak trail, etc. | wildflowers are insane here come late-July/early-August | the road to get here is closed during the winter | The cost per vehicle is \$10 per Tony Grove Day Use pass, weekly pass \$30, Season Pass \$60
- **Jardine Juniper trail:** leads to the oldest Rocky Mountain Juniper tree in the world (>1000 years old) and epic views down into the Logan canyon | great for mountain biking too

- **Bear Lake:** basically the Lake Tahoe of Utah | drink a raspberry shake from the chevron gas station | come summer, swim, kayak, chill on the beach + check out the raspberry festival that's usually in August | take in an amazing view overlooking the lake from a rest stop on the way there through the Logan canyon
- **Crimson trail:** another classic trail | esp. great during peak fall (late Sept./early Oct.)
- **First dam/canyon entrance park:** great for casual hangouts close-to-home
- **Highline trail:** great for a run | there's a parallel trail just up the hill from it that goes into a cool graffitied man-made cave and water pipe | makes for a fun adventure – connects with the River trail which is also great for running
- **Porcupine Reservoir:** come late Sept./early Oct. to see the salmon run (and a breathtaking display of fall color) and most likely a few eagles – in the summer (when the water levels are *significantly* higher), this becomes a great place for a swim or paddleboard
- **Sleigh Rides at Hardware Ranch:** elk-viewing winter sleigh rides
- **Beaver Mountain:** if you're into skiing, this will likely be your new winter home (see "Skiing" section below for more information)
  - **Not into skiing, but still want snowy mountain views?** Eat at the Needles lodge in Ogden's Snowbasin Ski Resort - take the gondola up (non-skiers are allowed)

**USU Outdoor Programs** (797-3264) shop that is located on the north side of the Aggie Recreation Center (ARC) off of 800 East and 700 North. **They rent hiking, camping, climbing, skiing, and boating equipment to students** at decent prices (to see prices and all equipment they have available, [click here](#) - note: students get a 35% discount). They also lead and sponsor trips. This is a great venue for exploring new outdoor interests without incurring startup costs. Outdoor Programs is part of the USU campus recreation system.

- A couple other places to look for **cheaper recreation/fieldwork gear:** Facebook Marketplace, [REI used gear](#), or [Patagonia Worn Wear](#) - consider also looking into [Prodeals](#)

### **Aggie Recreation Center (ARC) and the Health Phys Ed & Recreation (HPER) Building**

- The ARC is the main USU gym - climbing wall, indoor track, basketball courts, weights, cardio machines, etc. etc. are available. Showers and lockers are free.
- The HPER building has a pool, weight room, basketball and racquetball courts, etc. (might need to bring your own lock for HPER lockers).
- Full-time students (i.e. anyone taking 6+ credits in the spring/fall semesters) get free access to both the ARC and HPER - unless you are a full-time student credit-wise in the summer, you won't have access then

**Biking:** Logan has several bike shops. Sunrise Cyclery, Joy Ride, and Al's Sporting Goods are some of the better known. Once you choose a shop, ask them about biking trails (or USU Outdoor Programs), as the Logan area has several great rides.

- **Aggie Blue Bikes** is a free resource on campus where you can rent bikes or fix your own. They have tool sets for use and low-cost bike supplies.

**Skiing:** You will be asked at least 37 times within your first three months here if you ski. Logan Canyon has several XC and backcountry skiing locations.

- Beaver Mountain offers traditional alpine, chairlift skiing, and snowboarding and is located about 45 minutes up Logan Canyon. At \$60.00 a day/\$50.00 a half day (or ~\$375 for a season pass, if you buy it early, more \$ later), it is an affordable skiing option. Beaver is small, but if you're not afraid of trees or checking out ungroomed areas, it's a blast. <http://www.skithebeav.com/> **Showing your student pass at the time of pass purchase can give you a large discount on your season pass.** Sales for student passes start in September and go through November. If you miss the deadline, join the USU Ski Club for pass discounts!
- **XC skiing:** Beaver Bottoms is right next to Beaver Mountain and offers a great place for XC skiing - Green Canyon is also a prime XC ski trail. There are plenty of groomed trails in Cache Valley – check out [Nordic United - Nordic United - Logan, Utah: Groomed Nordic Ski Trails and Promoting Silent Winter Recreation](#) for a list of groomed trails starting in December and going until March!
- **Backcountry Skiing:** There is endless terrain within an hour drive of Logan but, as always, access to the higher elevations is the issue. There are several local ski touring bums (many who attend USU) and the Forest Service provides decent avalanche forecasting for the local Bear River Area. Another bonus is the Outdoor Program Yurt and other private yurts that can be rented locally for extended trips.
- The Salt Lake City area has some of the best skiing in the US. Contact USU's Outdoor Programs or the Trailhead (an outdoor equipment store located at 117 N. Main, Logan) for specific places to go to and information on rental equipment. Also, check out <http://www.skiutah.com> for snow reports and links to most ski areas.

**Hiking:** There are countless great hikes near Logan Utah (and throughout the state). AllTrails.com is always a great place to start looking and get the inside scoop on current trail conditions, pro-tips, maps, etc.

**Hunting and Fishing:** Utah requires a Utah driver's license and a six-month residency in order to obtain a resident hunting or fishing license. Contact Al's Sporting Goods for information on places to go (e.g. the nearby Mantua Reservoir is a popular place for ice fishing). You must have taken the hunter's safety course to get a hunting license if you were born after January 1, 1966.

**Climbing:** There are a lot of outdoor climbing options in Logan canyon. Elevation climbing gym is a popular spot for indoor climbing. Ask peers or USU Outdoor Programs for outdoor climbing recommendations if needed.

**Ice Skating:** Eccles Ice Center 2825 N 200 E, North Logan

**Birding:** Cache Valley is a major flyway for some of North America's most spectacular birds.

- The Wellsville Mountains (six miles west of Logan) were the first site that Hawk Watch International established to monitor raptor migrations. Excellent raptor sightings occur from September through November for those hardy enough to hike to the top via the trail leaving from Mendon (about two to three hours).
- The famous Bear River Bird Migratory Bird Refuge is a huge waterfowl birding hotspot, and summer home to the Western Grebe and its famous summer synchronous dancing displays.
- Speaking of epic mating displays, Curlew National Grassland (an hour away) hosts Sage Grouse lekking.
- During the late spring, take highway 91 North and turn left onto 7800N – once you get close to the Bear River before the road turns south, look north for a patch of trees where herons are nesting i.e. a local heron rookery (binoculars and scopes will be needed to get the best view)
- The local Bridgerland Audubon Society leads field trips throughout the year:  
<http://www.bridgerlandaudubon.org/>

**Sports:** Your student ID gets you in free to most sporting events on campus. USU also has many intramural leagues for those who wish to play. Contact the personnel at the Health, Physical Education and Recreation (HPER) building for details.

**Cultural:**

- **Whysound: popular music venue for concerts by local artists and bands**
- **Swing dancing** every Tuesday evening at the Cache Valley Fairgrounds (rumor has it, it's a pretty fun time): <https://www.sagehallutah.com/>
- Cache Valley Center for the Arts: <http://www.centerforthearts.us/>
  - **Offers art classes** like ceramics and print-making (be sure to request a scholarship if you sign up for one – they're always looking to give them out for those who need it i.e. poor graduate students)
- **Stokes Nature Center** hosts some pretty cool events (in addition to their educational programming) including art workshops and the Canyon Jams concert series: <https://logannature.org/events>
- American West Heritage Center: <http://www.awhc.org/>
- Cache Symphony Orchestra
- Cache Theater Company <http://cachetheatre.com/>
- Cache Valley Civic Ballet: <http://www.cvcballet.org/>
- Heritage Theater <http://www.heritagetheatreutah.com/>
- Music Theater West: <http://www.musictheatrewest.org/>
- Old Barn Community Theater: <http://www.oldbarn.org/>

- Old Lyric Repertory Company (June and July): <http://theatre.usu.edu/prodOpp/olrc/>
- Pickleville Playhouse Christmas: <http://www.picklevilleplayhouse.com/>
- Utah Festival Opera Company (July and August): <http://www.ufoc.org/>
- USU Theater: <http://theatre.usu.edu/>
- The Bridgerland Folk Music Society hosts an excellent concert series throughout the year, sponsoring some great musicians. Watch for their concert postings. <http://www.bridgerfolk.org/>

## Community Annual Events

- Summer:
  - Cache Classic (Bicycle race): <http://www.loganraceclub.org/>
  - Summerfest: (Arts Fair): <http://www.logansummerfest.com/>
  - Cache Valley Cruise-In (Classic car show): <http://www.cachevalleycruisein.net/>
  - Preston Rodeo: <https://www.prestonrodeo.com/>
  - Ogden Pioneer days (includes one of the best-ranked rodeos in the US) <https://www.ogdenpioneerdays.com/>
  - MS 150 Bike Tour [www.nationalmssociety.org](http://www.nationalmssociety.org)
  - Bear Lake Raspberry days: <https://gardencityut.us/raspberrydays>
  - Ogden Twilight summer concert series (cheap prices to see some surprisingly big artists): <https://www.ogdentwilight.com/>
  - Noon Music at the tabernacle: <http://logantabernacle.blogspot.com/>
- Fall:
  - Top of Utah Marathon
  - Logan Pride Festival <https://www.loganpride.org/>
  - Oktoberfest at Snowbasin ski resort in Ogden: <https://www.snowbasin.com/snowwiesn-oktoberfest/>
  - Little Bear Bottoms: Corn maze, pumpkins, haunted trail, etc. <http://www.lbbcormmaze.com/>
  - North Logan Pumpkin Walk: <http://pumpkinwalk.org/>
  - Latino Festival <https://cachevalleymediagroup.com/events-trade-shows/latino-festival/>
  - LoToJa -- One of the longest single-day bike races in the US – starting in Logan and ending in the Tetons <https://lotoja.com/>
- Winter
  - Cache Valley Chocolate Festival to raise money for Planned Parenthood: <https://www.thechocolatefest.com/>
- Spring
  - Cache Valley Mountain Man Rendezvous <https://www.awhc.org/cache-valley-mountain-man-rendezvous/>

## Social Media

- **USU in general:**
  - Instagram - @usuaggielife
  - Instagram - @usu\_gradschool (school of graduate studies)
  - Instagram - @isc\_usu (international student council)
  - Instagram - @gsca\_usu (graduate students of color association)
  - Instagram - @usu.dna (Disabled and Neurodiverse Aggies)
  - Instagram - @nasc.usu (Native American Student Council)
  - Instagram - @usu.asa (Asian Student Association)
  - Instagram - @usu.bsu (Black Student Union)
  - Instagram - @usu\_qsa (Queer Student Alliance)
  - Instagram - @usumanrrs (Minorities in Ag, NR, and Related Sciences aka MANRRS)
  - Instagram - @usuwagis (Women and Gender Issues Society)
  - Instagram - @backcountrysquatters\_usu
  - Email - [psu@usu.edu](mailto:psu@usu.edu) (Pasifika Student Union)
  - Facebook - <https://www.facebook.com/groups/USUIFP> (USU International Friends Program)
  - Facebook - <https://www.facebook.com/USUMANRRS> (USU MANRRS)
- **QCNR:**
  - Instagram - @qcnrusu
  - Twitter - @CNRUSU
  - Facebook - Quinney College of Natural Resources USU.
- **ENVS**
  - Instagram - @iort\_usu
  - Facebook - Environment and Society (ENVS) @ USU
  - Twitter - @USU\_ENVS
- **WATS:**
  - Instagram - usu\_wats
  - Twitter - @USU\_WATS
- **WILD**
  - Instagram - @usu\_wild
  - Twitter - @USU\_WILD
- **Misc recommended:**
  - Instagram - @GradSchoolMemersRelatableThemes
  - Instagram - @thedissertationcoach

## Handy Acronyms

- **ARC:** Aggie Recreation Center (gym, climbing wall, etc.)
- **BNR vs. NR** buildings: Biology and Natural Resources vs. Natural Resources buildings
- **CANRI:** Community and Natural Resources Institute

- **CAS:** generally referring to the USU [Climate Adaptation Sciences program](#)
- **DEI:** Diversity, Equity, and Inclusion (QCNR DEI Committee: a faculty-led committee)
- **ENVS:** Environment and Society (QCNR Department)
- **GSC:** Graduate Student Council
- **GSS:** Graduate Student Senate
- **HPER:** Health, Physical Education, and Recreation (pool, racquetball, basketball courts, etc.)
- **IACUC:** Institutional Animal Care and Use Committee; part of the Laboratory Animal Research Center that houses the committee that handles the required paperwork for any animal use
- **IORT:** [Institute of Outdoor Recreation and Tourism](#)
- **IRB:** Institutional Review Board - houses the committee that handles the required paperwork for any research projects involving human subjects
- **JEDI:** Justice, Equity, Diversity, and Inclusion (the QCNR JEDI Committee: a GSC committee)
- **LDS:** Latter Day Saints
- **QCNR:** Quinny College of Natural Resources
- **SLC:** Salt Lake City
- **SNAC:** Student Nutrition Access Center (aka free food)
- **TSC:** Taggart Student Center (student housing administration, food, bookstore, bank, post office, barbershop, etc.).
- **UPR:** Utah Public Radio (some students in QCNR and Biology intern for UPR)
- **USUSA:** USU Student Associations
- **WATS:** Watershed Sciences (QCNR Department)
- **WILD:** Wildland Resources (QCNR Department)